

Ḥadīth Forty Eight

When one is perpetually in a state of wuḍū it protects him from the shayāṭīn

And they ask you about menstruation. Say: It is harm, so keep away from wives during menstruation. And do not approach them until they are pure. And when they have purified themselves, then come to them from where Allāh has ordained for you. Indeed, Allāh loves those who are constantly repentant and loves those who purify themselves (2:222).

وَيَسْأَلُونَكَ عَنِ الْمَحِيضِ ۗ قُلْ هُوَ أَذًى فَاعْتَزِلُوا النِّسَاءَ فِي الْمَحِيضِ ۗ وَلَا تَقْرُبُوهُنَّ حَتَّىٰ يَطْهُرْنَ ۗ فَإِذَا تَطَهَّرْنَ فَأْتُوهُنَّ مِنْ حَيْثُ أَمَرَكُمُ اللَّهُ ۗ إِنَّ اللَّهَ يُحِبُّ التَّوَّابِينَ وَيُحِبُّ الْمُتَطَهِّرِينَ ﴿٢٢٢﴾

Adhere to righteousness even though you will not be able to do all acts of virtue. Know that the best of your deeds is salḥ (prayer) and that no one maintains his wuḍū (ablution) except a believer.

اسْتَقِيمُوا وَلَكِن تَحْصُوا وَاعْلَمُوا أَنَّ خَيْرَ أَعْمَالِكُمُ الصَّلَاةُ وَلَا يُحَافِظُ عَلَى الْوُضُوءِ إِلَّا مُؤْمِنٌ

Recorded in Ibn Mājah; Ḥasan.

Points of benefit:

1. Wuḍū is an 'ibādah that has many virtues and empowering results upon a person. From those virtues is that it helps towards controlling the emotions of anger in a person and slowly makes their character calmer.
2. It makes them feel pure, content and able to think straight.
3. It makes a person have nūr (light) by which they are protected from the shayāṭīn and harms entering the body.
4. If there are already shayāṭīn inside, or siḥr or evil eye, maintaining wuḍū perpetually eventually kills and destroys it.